



Oxford College of Education

Start or improve your career in health care

**The Care Standards
Package: 17 CPD
Courses**

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Why join our short courses?

Personal and professional development helps manage your own learning and growth throughout your career. Continuous learning helps open up new doors, keeps your skills and knowledge up to date and ensures you practice safely and legally.

About our courses:

- Video Content: we understand how online courses can be somewhat boring sometimes, therefore we have made the initiative to make our courses more video based, making it more effective for visual learners. E-Learning is an effective method in conveying large amounts of information in short periods of time.
- Exam: after completion of each course, you will sit a quick multiple choice test, to show what you have learned.
- Certificate: once you have completed the test, and depending on your score, you will receive a CPD course completion certificate to download for FREE.
- Each course equates to a credit of 1 or more.
- GLH: there are guided learning hours for every course. This will help you measure your performance.

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Understand Your Role

This online 'Understanding your Role' content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate: Full Package

- **Understand their own role**
- **Work in ways that have been agreed with their employer**
- **Understand working relationships in health and social care**
- **Work in partnership with others**

Your Personal Development

This online Personal Development content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate: Full Package. This content will help you improve the quality of healthcare, care and support through continuing professional development.

- **Reflect on their own practice**
- **Evaluate their own work performance**
- **Define what is meant by competence in their work role**
- **Develop a personal development plan**
- **Use reflective activities to help develop their own performance**

Duty of Care



This online Duty of Care content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate: Full Package.

- **Understand how duty of care contributes to safe practice**
- **Understand the support available for addressing dilemmas that may arise about duty of care**
- **Deal with Comments and complaints**
- **Deal with Incidents, errors and**

Equality and Diversity



This online Equality & Diversity content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate: Full Package.

**Describe the importance of Equality, Diversity and Inclusion
Work in an inclusive way
Promote Equality, Diversity and Inclusion in their workplace**

Work in a Person Centred Way



This online 'Work in a Person Centred Way' content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate: Full Package.

- Understand person centred values
- Understand working in a person centred way
- Promote and uphold the privacy, dignity, rights, health and wellbeing of people who use health and care services and their carers at all times
- Support the individual to maintain their identity and self esteem

Communication



This online 'Communication' content will deliver key knowledge to healthcare workers to help them Communicate in an open and effective way to promote the health, safety and wellbeing of people who use health and care services and their carers. This content can be used towards achieving the care certificate; this content can be taken as part of the Care Certificate: Full Package.

- Recognise the importance on communication in the workplace
- Understand how to overcome the barriers of communication
- Understand how to meet the communication needs of individuals
- Understand how to use appropriate verbal and non-verbal communication

Privacy and Dignity

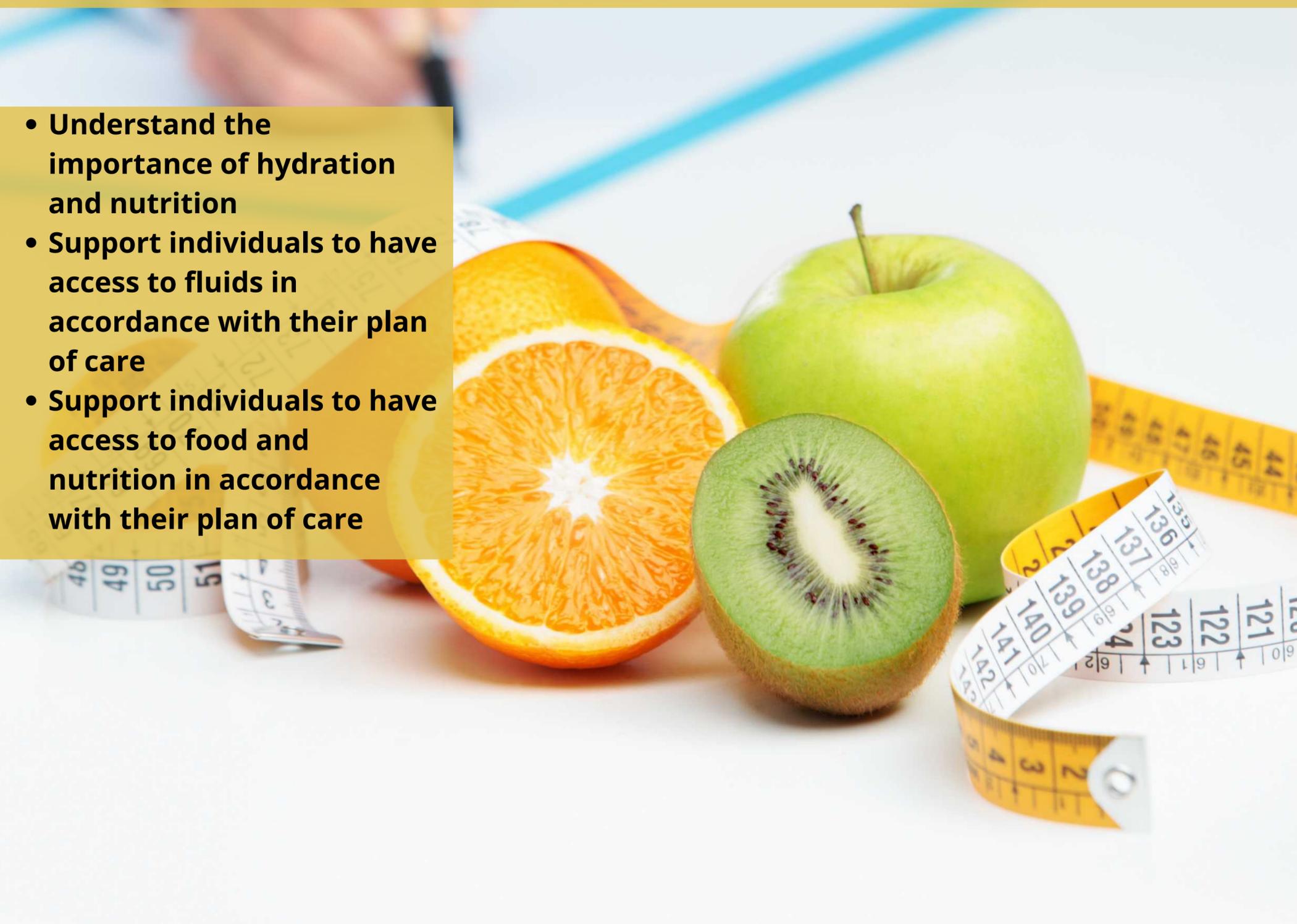
This online 'Privacy and Dignity' content will deliver key knowledge to healthcare workers to promote and uphold the privacy, dignity, rights, health and wellbeing of people who use health and care services and their carers.

- **Understand the principles of privacy and dignity in care**
- **Describe the methods of maintaining the privacy and dignity of individuals**
- **Understanding the individual's right to**

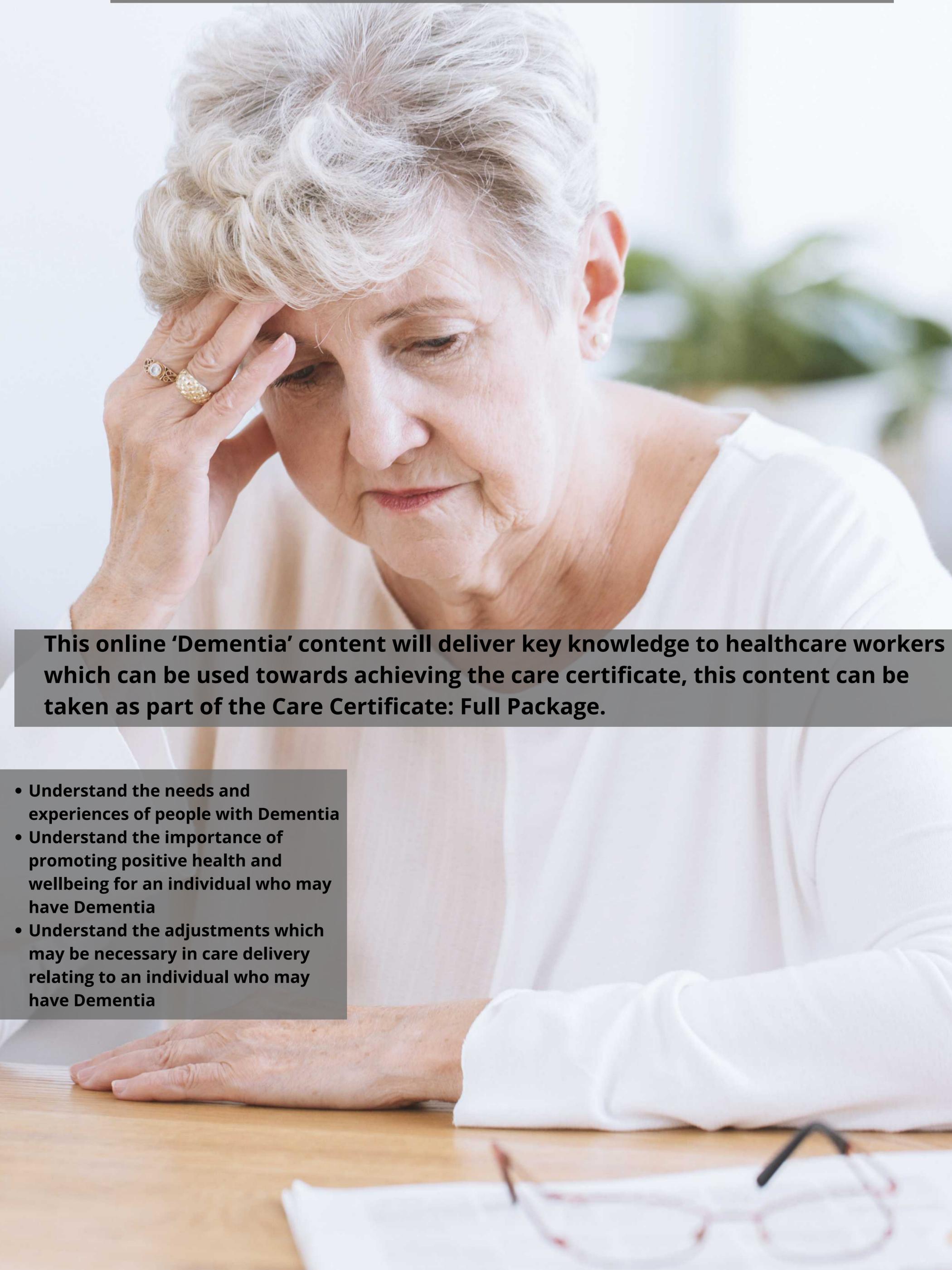
Fluids and Nutrition

This online 'Fluids and nutrition' content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate: Full Package.

- Understand the importance of hydration and nutrition
- Support individuals to have access to fluids in accordance with their plan of care
- Support individuals to have access to food and nutrition in accordance with their plan of care



Dementia and Cognitive Issues



This online 'Dementia' content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate: Full Package.

- **Understand the needs and experiences of people with Dementia**
- **Understand the importance of promoting positive health and wellbeing for an individual who may have Dementia**
- **Understand the adjustments which may be necessary in care delivery relating to an individual who may have Dementia**

Learning Disability Awareness



This Learning Disabilities content should be completed by all healthcare and social care staff. This includes unpaid and voluntary staff working in NHS and private hospitals, locum doctors, locum allied health professionals, agency nurses and healthcare assistants. This online care certificate training content is also relevant for health and social care support workers, including charities, nursing and residential home staff.

- **Understand the needs and experiences of people with a Learning Disability**
- **Understand the importance of promoting positive health and wellbeing for an individual who may have a Learning Disability**

Mental Health Awareness



- **Understand the needs and experiences of people with mental health conditions**
- **Understand the importance of promoting positive health and wellbeing for an individual who may have a mental health condition**
- **Understand the adjustments which may be necessary in care delivery relating to an individual who may have a mental health condition**

Safeguarding Adults

A young woman with dark hair, wearing a blue short-sleeved uniform with white trim on the cuffs, is leaning over an elderly woman. The elderly woman has short, wavy blonde hair, wears glasses, and a beige cardigan over a white top. They are sitting on a brown patterned sofa. The background is a soft-focus outdoor scene with green grass and a bright sky.

- Understand the principles of Safeguarding adults
- Reduce the likelihood of abuse
- Respond to suspected or disclosed abuse
- Protect people from harm and abuse – locally and nationally

This content is ideal for all staff throughout the health and social care sector, in particular, new starters and existing employees as a refresher. Tell your supervisor or employer about any issues that might affect your ability to do your job competently and safely. If you do not feel competent to carry out an activity, you must report this. Report any actions or omissions by yourself or colleagues that you feel may compromise the safety or care of people who use health and care services and, if necessary, use whistleblowing procedures to report any suspected wrongdoing

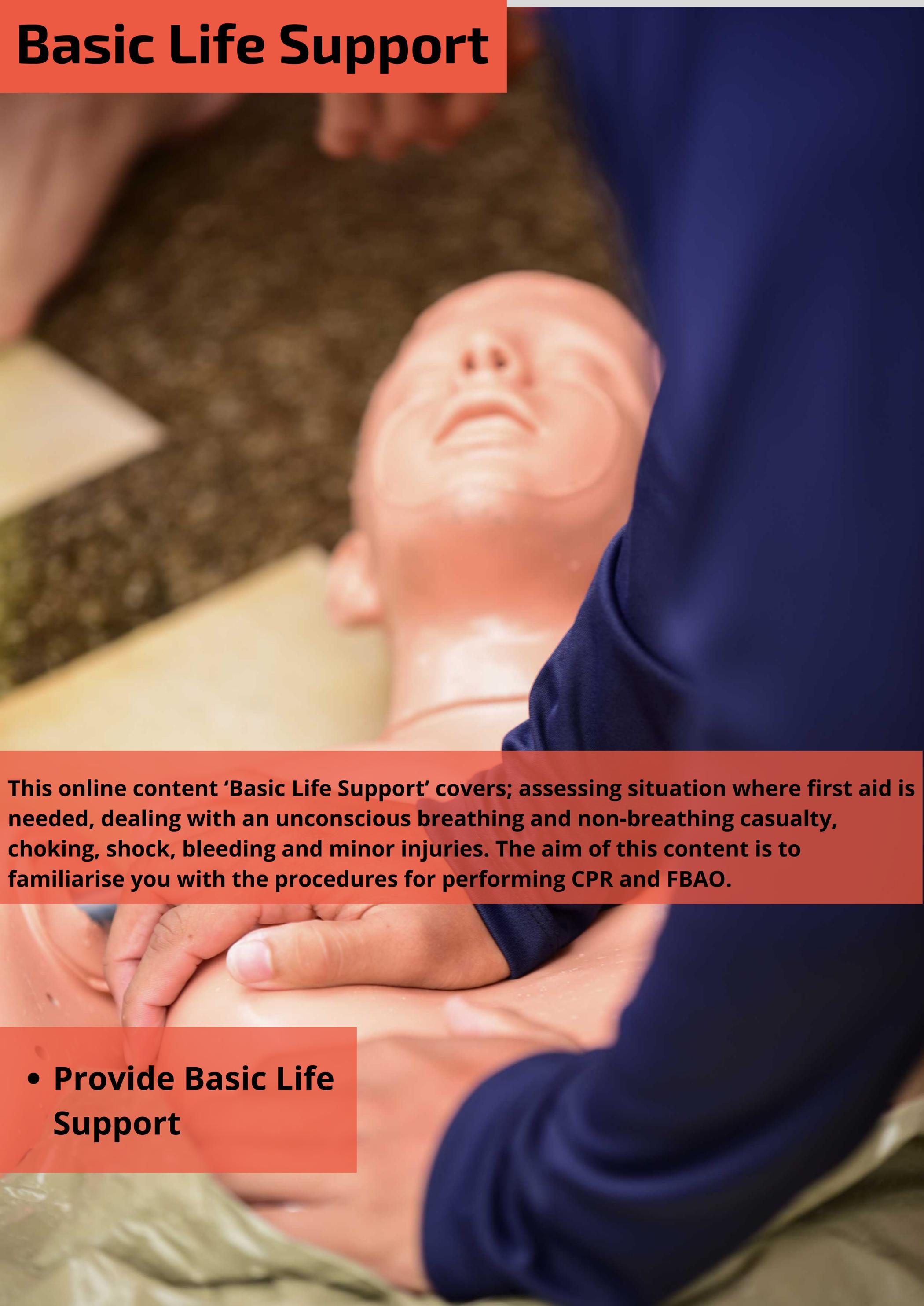
Safeguarding Children

A photograph of a woman with brown hair, smiling broadly, holding a blue toy gun. She is looking towards a child whose face is partially visible on the left side of the frame. The background is a bright, out-of-focus outdoor setting.

This content is ideal for all staff throughout the health and social care sector, in particular new starters and existing employees as a refresher. Safeguarding children and young people is everyone's responsibility, and the healthcare assistant and the assistant practitioner (HCA and AP) have to play their part in ensuring children and young people are safe.

- **Definitions**
- **Types of Abuse**
- **Contributory Issues**
- **Sources of Stress**
- **Multi-agency Working**
- **Suspecting Abuse –**

Basic Life Support

A person wearing a blue uniform is performing CPR on a mannequin lying on a stretcher. The mannequin is lying on its back with its head tilted back. The person's hands are positioned on the mannequin's chest, ready to perform chest compressions. The background is a dark, textured surface, possibly a wall or a backdrop.

This online content 'Basic Life Support' covers; assessing situation where first aid is needed, dealing with an unconscious breathing and non-breathing casualty, choking, shock, bleeding and minor injuries. The aim of this content is to familiarise you with the procedures for performing CPR and FBAO.

- **Provide Basic Life Support**

Health and Safety

A woman with brown hair, wearing a bright yellow high-visibility vest over an orange shirt, is smiling and holding a tablet. In the background, another person with curly hair is also wearing a similar vest and holding a tablet. The background is a solid green color.

This online Health & Safety content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate: Full Package. This content is ideal for all staff throughout the health and social care sector, in particular new starters and existing employees as a refresher.

- Understand their own responsibilities, and the responsibilities of others, relating to health and safety in the work setting**
- Understand Risk Assessment**
- Move and assist safely**
- Understand procedures for responding to accidents and sudden illness**
- Understand medication and healthcare tasks**

Handling Information

A healthcare worker in teal scrubs with a stethoscope around her neck is looking at a clipboard and talking to an elderly woman in a yellow sweater. The healthcare worker is holding a brown clipboard and looking at it while the woman looks on. The background is a plain, light-colored wall.

This online Handling Information content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate:

- Understanding their responsibilities when handling potentially sensitive information**
- Discuss ways of ensuring the security of information**
- Support others to handle information correctly**

Infection Prevention and Control



This online Infection Control content will deliver key knowledge to healthcare workers which can be used towards achieving the care certificate, this content can be taken as part of the Care Certificate: Full Package.

This content is ideal for all staff throughout the health and social care sector, in particular new starters and existing employees as a refresher.

This module will cover: Hand hygiene, Personal Protective Equipment, Waste segregation and disposal, Safe handling and disposal of sharps, Environmental cleanliness.

- **Describe the main ways an infection can get into the body**
- **Demonstrate effective hand hygiene**
- **Explain how their own health or hygiene might pose a risk to the individuals they support or work with**
- **List common types of personal protective clothing, equipment and procedures and how and when to use them**
- **Explain the principles of safe handling of infected or soiled linen and clinical waste**

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- A-LEVEL-online
- Diploma courses (Including health and social care)



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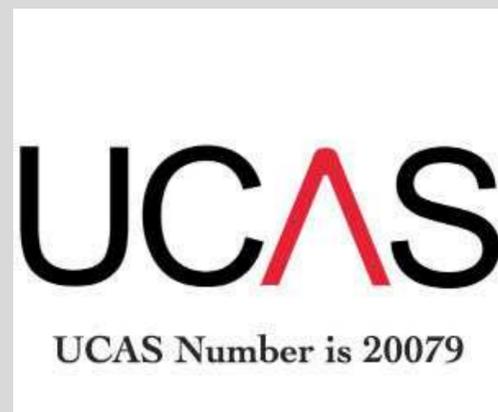
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