



Coronavirus (COVID-19)

Coronavirus: information and guidance to protect our college students, staffs and visitors.

We continue to monitor the situation closely following the outbreak of the coronavirus (Covid-19), and are taking steps, in line with Government guidance, to minimise the risk to our college and community.

Advice for Students, Staff and visitors

How to avoid catching or spreading coronavirus

DO

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- try to avoid close contact with people who are unwell

DON'T

- do not touch your eyes, nose or mouth if your hands are not clean

Stay at home if you have coronavirus symptoms

Stay at home for 7 days if you have either:

- a high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.



Testing for coronavirus is not needed if you're staying at home.

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

The College is following the latest guidance from

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

For more in-depth information you can read the

<https://www.gov.uk/government/organisations/public-health-england>

Advice if you've travelled overseas recently

<https://www.gov.uk/government/publications/covid-19-specified-countries-and-areas/covid-19-specified-countries-and-areas-with-implications-for-returning-travellers-or-visitors-arriving-in-the-uk>

for returning travellers or visitors arriving in the UK has been withdrawn and superseded by its

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days



The Government says you must not call NHS 111 should go into self-isolation. If your symptoms worsen during home isolation or are no better after seven days, then contact

<https://111.nhs.uk/>

Please follow these guidelines if you have to self-isolate

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

There are simple steps that can be taken to minimise the spread of any viruses, including the common cold or flu. The NHS recommends that you:

- Always carry tissues with you and use them to catch your cough or sneeze. Then throw away the tissue, and wash your hands, or use a sanitiser gel.
- Wash your hands often with soap and water, especially after using public transport. Use a sanitiser gel if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are unwell.

Advice for students

The Government's original advice on the specified countries for returning travellers or visitors arriving in the UK has been withdrawn and superseded by its 'Stay At Home guidance'

Please follow the advice provided by the Government, contact admissions@oxfordce.co.uk
Anyone showing any symptoms, however minor, should follow the advice here.

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

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Advice for staff

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Please follow the advice provided by the Government, contact admissions@oxfordce.co.uk
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<https://111.nhs.uk/>

Advice for visitors

We are working hard to reduce the risk of contagion for our staff, students and visitors.

The college will continue to operate as normal, subject to changes in Government guidance.

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